

Family Bushwalks in the Snowy Mountains

A complete pocket guide to the best day walks in Kosciuszko National Park

Second Edition

Geoff Whale

ISBN: 9780975119419

Extent: 128 pages

105mm x 247mm, wiro binding

Full colour, 130gsm Revive Silk stock (35% recycled, PEFC)

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Weight: 250g

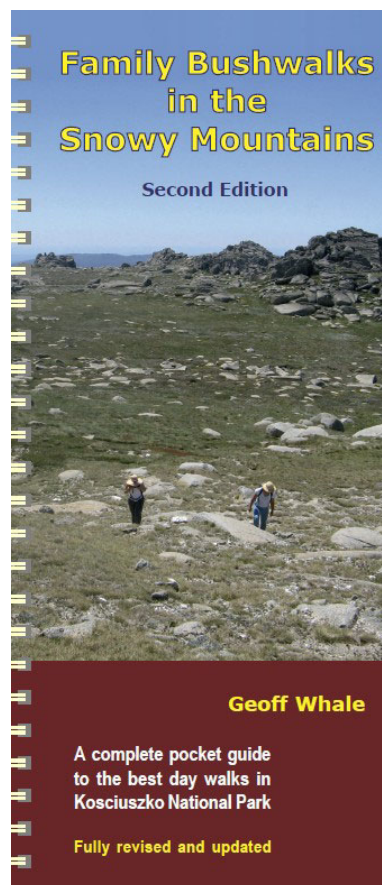
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GRW Publishing

RRP: \$34.95

"A compact, made to last, easily understood guide to the dramatic roof of Australia. Put it in your day pack, tie up your boot laces and enjoy the sparkling fresh air."

Klaus Hueneke, author of *Huts of the High Country* and *Kosciuszko, Where the Ice Trees Burn*.

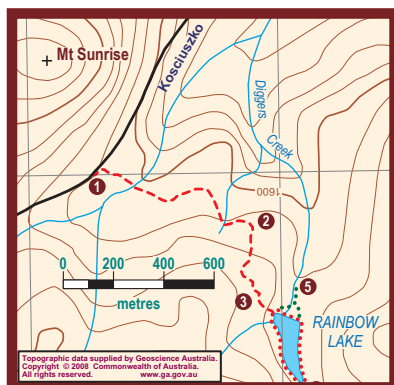


The second edition of this field guide describes 22 day walks (with many variations) in the alpine, subalpine and lowland areas of the magnificent Kosciuszko National Park.

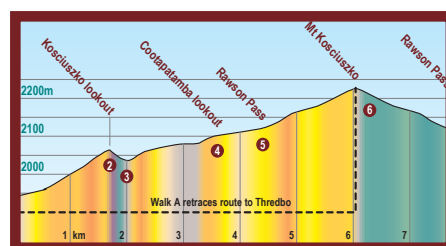
Bushwalks range from half an hour to a full day, and include the popular paths such as those to Kosciuszko summit and Blue Lake, as well as examples of the less well-travelled gems that can be found in many parts of the park if you know where to look. Some off-track excursions are included for experienced groups.

All walks are rated for suitability for keen, though not necessarily very fit walkers, with recommended minimum ages. They have distances, elevation change and time estimates.

The book contains detailed track notes, 17 full-colour topographic maps (including a large fold-out Alpine area map), colour-coded walk profiles showing all the ups and downs, and many photographs. It provides practical advice on travel, accommodation, planning walks and enjoying the many other activities in the Australian high country. Website support includes GPS waypoint downloads, checklists, puzzles and solutions, and links to other reference sites.



For more information see www.grwpub.info/snowy



About the Author

Dr Geoff Whale is a part-time academic in Computer Science, and an enthusiastic, if unfit walker. He has been taking his family and other groups on walking holidays to the snowys for most summers for the past 12 years. The idea for the first edition of *Family Bushwalks* came from the dearth of consolidated material for people who want to discover Kosciuszko National Park on foot, and in particular the lack of convenient and detailed maps.

Keenly aware of the tension between conservation and the public's legitimate interest in enjoying this unique and fragile environment, Geoff has tried to strike a balance, describing in detail the safe, well-marked paths but including some off-track routes to enable the returning walker to gain a deeper experience and understanding of the region.

Geoff lives in the Sydney suburb of Bardwell Valley. His map of the nearby Wolli Creek valley is included in the Two Valley Trail brochure (www.wollicreek.org.au/tvt/), and he has mapped the bush tracks within Ruwenzori Retreat near Mudgee. He is planning a book about Sydney bushwalks that each start and end at a Cityrail station. He is married with two sons.



Promotion

Reviews to be sought: Sydney Morning Herald/The Age travel section, other Sydney and regional newspapers, specialist press such as Get Up & Go and The Senior (many seniors prefer independent travel to guided tours), Sydney's Child, Holidays with Kids, Backpacker Essentials, etc.

Article in preparation on the park and its popular walks.

Talks to community groups in preparation: seeing Kosciuszko National Park by car and on foot, present and future climate challenges.

Poster (left): www.grwpub.info/snowy/FB_PosterLoRes.pdf

A4 and A3 copies are available for distribution to retailers.

Availability: there will need to be stock in some shops at the time of promotion.

Currency: the book will remain relevant for several years (for example, the current edition of the off-track classic *Snowy Mountains Walks* is the 8th edition, published in 2001).

Contacts

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Your Guide to an Unforgettable Summer Holiday in the Australian High Country

Family Bushwalks in the Snowy Mountains features...

- ▶ **New edition** revised and expanded
- ▶ 22 day walks (32 variations) in the alpine, subalpine and lowland areas of the magnificent Kosciuszko National Park
- ▶ Convenient pocket size 11cm x 25cm, 128 pages
- ▶ 17 full colour topographic maps
- ▶ Detailed walk descriptions
- ▶ Distance, time and difficulty ratings
- ▶ Track profiles showing ups and downs
- ▶ Web updates and GPS waypoints
- ▶ Planning and preparation advice
- ▶ Over 100 photographs

Geoff Whale
A complete practical guide to the best day walks in Kosciuszko National Park
Fully revised and updated

RRP \$34.95 Inc GST

Topi Bling Lake
Landscape at Mt. Snowy Hill
Wildlife at Mt. Snowy Hill
Backgrounds: wilderness at Rawson Pass